

UNDERWOOD WEST ACADEMY - PSHE & RSHE OVERVIEW Reception – Year 6 2021-22

	<u>RECEPTION</u>	<u>YEAR 1</u>	<u>YEAR 2</u>	<u>YEAR 3</u>	<u>YEAR 4</u>	<u>YEAR 5</u>	<u>YEAR 6</u>
<u>AUTUMN 1A</u> MENTAL HEALTH & EMOTIONAL WELLBEING	FEELINGS	FEELINGS	FRIENDSHIPS	STRENGTHS & CHALLENGES	GROWING UP & CHANGING	DEALING WITH FEELINGS & BELONGING	HEALTHY MINDS
<u>AUTUMN 1B</u> KEEPING SAFE AND MANAGING RISKS INCL E-SAFETY	FOLLOWING INSTRUCTIONS	FEELING SAFE & E-SAFETY	INDOORS & OUTDOORS & E-SAFETY	BULLYING - SEE IT, SAY IT, STOP IT & E-SAFETY	PLAYING SAFE & E-SAFETY	WHEN THINGS GO WRONG & E-SAFETY	OUT & ABOUT & E-SAFETY
<u>SPRING 2A</u> IDENTITY, SOCIETY & EQUALITY INCL E-SAFETY	ATTACHMENTS & NEW CHALLENGES & E-SAFETY	ME & OTHERS & E-SAFETY	CARING FOR OTHERS & E-SAFETY	CELEBRATING DIFFERENCE & E-SAFETY	DEMOCRACY & E-SAFETY	STEREOTYPES, DISCRIMINATION AND PREJUDICE & E-SAFETY	HUMAN RIGHTS & E-SAFETY
<u>SPRING 2B</u> PHYSICAL HEALTH & WELLBEING	HEALTHY FOOD CHOICES	FUN TIMES	WHAT KEEPS ME HEALTHY	WHAT HELPS ME CHOOSE?	WHAT IS IMPORTANT TO ME	IN THE MEDIA	IN THE MEDIA
<u>SUMMER 3A</u> CAREERS, FINANCIAL CAPABILITY AND ECONOMIC WELLBEING INCL E-SAFETY	SIMPLE GOALS & E-SAFETY	MY MONEY & E-SAFETY	MY MONEY & E-SAFETY	SAVING, SPENDING & BUDGETING & E-SAFETY	SAVING, SPENDING & BUDGETING & E-SAFETY	BORROWING & EARNING MONEY & E-SAFETY	BORROWING & EARNING MONEY & E-SAFETY
<u>SUMMER 3B</u> DRUG, ALCOHOL & TOBACCO EDUCATION & RELATIONSHIP EDUCATION	BASIC HYGIENE & PERSONAL NEEDS & OUR LIVES	WHAT DO WE PUT INTO & ON TO OUR BODIES & GROWING AND CARING FOR OURSELVES	MEDICINES & ME & DIFFERENCES	TOBACCO IS A DRUG & VALUING DIFFERENCE AND KEEPING SAFE	MAKING CHOICES & GROWING UP	DIFFERENT INFLUENCES & PUBERTY	WEIGHING UP RISK & PUBERTY, RELATIONSHIPS AND REPRODUCTION