

## *Underwood West Academy RSE Curriculum*

<b>EYFS</b>	<b>Years 1 and 2</b>	<b>Years 3 and 4</b>	<b>Years 5 and 6</b>
<p><u>HEALTH &amp; WELLBEING</u> * Manage their own basic hygiene and personal needs, including dressing, going to the toilet</p> <p><u>RELATIONSHIPS</u> *Form positive attachments to adults. *Form positive friendships with peers.</p>	<p>Building on previous learning, <u>HEALTH &amp; WELLBEING</u> *Know the importance of and how to maintain personal hygiene. *Learn about the process of growing from young to old and how people’s needs change. *Learn the names for the main parts of the body (including external genitalia) and the similarities and differences between boys and girls.</p> <p><u>RELATIONSHIPS</u> *Identify people who look after them and their family networks. *Learn who to go to if they are worried and how to attract their attention. *Learn ways that pupils can help these people to look after them.</p>	<p>Building on previous learning, <u>HEALTH &amp; WELLBEING</u> *Know the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls. *Learn how their body will, and emotions may, change as they approach and move through puberty. *Learn that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them. *Learn about human reproduction.</p> <p><u>RELATIONSHIPS</u> *Become aware of different types of relationship, including those between friends and families, civil partnerships and marriage. *Learn to judge what kind of physical contact is acceptable or unacceptable and how to respond. *Recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong.</p>	<p>Building on previous learning, <u>HEALTH &amp; WELLBEING</u> *Know how their body will, and emotions may, change as they approach and move through puberty. *Recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them. *Identify how their body will, and emotions may, change as they approach and move through puberty. *Know about human reproduction.</p> <p><u>RELATIONSHIPS</u> *Feel confident to raise their own concerns, to recognise and care about other people's feelings. *Know of different types of relationship, including those between friends and families, civil partnerships and marriage. *Know and recognise what constitutes positive healthy relationships and develop the skills to form them. *Understand the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others.</p>