Move while you learn supporting English and Maths

<https://www.bbc.co.uk/teach/supermovers>

Videos delivered by teachers focussing on the PE curriculum which are accessible on YouTube

<https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/>

Yoga for children

[**https://cosmickids.com/**](https://cosmickids.com/)